



**TRAMPOLINE**  
**JOHN WOTHERSPOON**  
**Curriculum Vite & Nomination Form**  
**Chairman of Technical Committee**

# LONDON GYMNASTICS

Providing the perfect balance of fun, passion and precision



## NOMINATION FORM

The person named below is nominated for the position of chairman of:

### Trampoline

- Please indicate which Technical Committee the nomination is for.

Name	JOHN WOTHERSPOON		07950 267655	
Address	28 SANDRINGHAM ROAD		Telephone	
	NORTHOLT		E-mail	johnwotherspoon@me.com
Post Code	MIDDLESEX		BG Membership No	
	UB5 5HN		Club	
			If applicable	
			London Club Affiliation No	
			If applicable	

I agree to my name being put forward for the position indicated above.

Signature  Date 7th April 2016

Nominated by \_\_\_\_\_ Seconded by \_\_\_\_\_

Name	Linda Lawrie	Name	Christine Geary
Address	217 Charlton Road	Address	57 Cottimore Lane
	Shepperton		Walton on Thames
Post Code	Middx	Post Code	KT12 2BP
Telephone	TW17 0SG	Telephone	07961 199694
BG Membership No	122166	BG Membership No	122073
Club		Club	
If applicable	Harlington Hawks	If applicable	Harlington Hawks
London Club Affiliation No.	41537	London Club Affiliation No	41537
If applicable		If applicable	
Signature	<i>L Lawrie</i>	Signature	C A Geary
Position in club		Position in club	
If applicable	Secretary	If applicable	Welfare Officer
	1/4/2016		
Date		Date	02/04/2016

## CURRICULUM VITE

<b>Discipline</b>	<b>Trampoline</b>
<b>Name:</b>	John Wotherspoon

### **Outline your previous experience and involvement in Gymnastics.**

I have been involved in gymnastics since 1972 and as a coach since 1978. I began my own trampoline and gymnastics club in 1978 which is now London's most successful trampoline club and one of its longest standing. We were the first club in London to introduce double mini tramp. I served on the British Trampoline Federation National committee prior to amalgamation with British gymnastics,

I am a British gymnastics tutor and assessor. High performance coach trampoline and double mini and a trampolining and double mini judge.

### **Describe how your personality, experience and skill-set support your nomination as TC Chair**

#### **Personality**

I am determined, a perfectionist, with a fervent and passionate belief in fairness and equity. I fervently believe that everything by the needs of the full spectrum of gymnasts from internationals through to those with special needs and casual recreational.

#### **Experience**

I have considerable experience as chair of various organisations at both local and national level including sharing national level committees. I am currently a member of the English gymnastics trampoline, tumbling and double mini steering group. I have been chair of London trampolining since 2010

- ❖ 2004 -to date: Tutor/Assessor for British Gymnastics
- ❖ 2012 -to date: Expert Witness: Physical Education/School Sports/Gymnastics/Trampoline accidents
- ❖ 2012 -to date: Visiting Lecturer St Marys/Brunel Universities
- ❖ 2009 -to date: Chair: London Trampolining Technical Committee
- ❖ 1978 -to date: Chair: London Trampoline Academy
- ❖ 2013 -to date: Chair: London Double Mini Trampoline Club
- ❖ 2011-2013 Chair: Ealing Swimming Club
- ❖ 2006 -2012 Chair: Ealing Community Sports and Activities Network

#### **Skill sets**

- Extensive experience as a teacher, manager, head teacher.
- Extensive experience of providing in-service training, mentoring and support for staff, managers, newly qualified teachers.
- Excellent networking, presentational and project management skills.

- Versatile, adaptable and flexible approach to team working and team leadership.
- Proven ability to meet demanding deadlines, prioritise effectively.
- High impact report and bid writing.
- A creative thinker.
- An excellent sense of humour.
- Extremely customer, delivery and outcome focussed.
- Self motivated and an independent worker.
- Computer literate (MS Word, Excel, Outlook, PowerPoint, Publisher, FrontPage, Corel Draw)
- Highly experienced sport coach and administrator
- Highly experienced Chair of varied organisations

**What does success look like at the end of your three year term in office? Outline how you would drive this discipline forward?**

- Expansion of the range of trampoline activities being offered within the region with particularly more provision for disability trampolining.
- Continued support for the range of activities currently on offer (NDP and regional programme)
- More clubs entering trampoline competitions
- More clubs participating in double mini tramp
- A regular showpiece event with trampoline, tumbling and double mini being represented
- A fully transparent trampoline committee contributing more fully to the development work going on at London gymnastics level
- All London trampoline clubs supporting all London trampolining activities
- Greater unity amongst London trampoline clubs and better support for each other with all clubs working in the best interests of the sport and all the participants